



SERENATTI

MICRONEEDLING RECOVERY GUIDE

Everything You Need for Optimal Results.

What to Expect After Treatment



0-24 Hours

Redness and warmth are common.



24-48 Hours

Mild tightness may occur.



48-72 Hours

Dryness and sensitivity expected.



Days 4-7

Light peeling may develop.



Weeks 1-2

Skin smoother & brighter.

The First 24 Hours

- ✓ Keep skin clean & untouched
- ✓ Do not apply makeup
- ✓ Avoid sweat & heat
- ✓ Stay hydrated
- ✓ Strictly avoid sun exposure



POST TREATMENT CARE

What to Avoid



Direct Sun



Swimming



Hot Tubs



Saunas



Retinol/Actives



AHAs/Exfoliants



SERENATTI | EVIDENCE-BASED PATIENT EDUCATION

Why Patients Choose Microneedling

- ◆ Supports natural collagen production
- ◆ Improves overall skin texture
- ◆ Helps soften acne scars
- ◆ Enhances skin radiance and glow



When to Contact Your Provider

Contact your clinic if you experience:

- Severe swelling or blistering
- Signs of infection (pus, warmth)
- Fever or chills
- Persistent or worsening pain
- Unexpected skin reactions



Continue Your Skincare Journey

Questions? Contact Your Provider

Clinic Name: _____

Phone: _____

Email: _____

Next Appointment: _____

Image Sources



<https://faccesspa.com/wp-content/uploads/2025/10/ESTI-Facial-1-1024x682.jpg>

Source: faccesspa.com



<https://molechex.com.au/wp-content/uploads/2023/11/post-treatment-care-nurturing-skin-health-after-skin-cancer-treatment.jpg>

Source: molechex.com.au



https://www.lemon8-app.com/seo/image?item_id=7625652510191092255&index=0&sign=8142413390d87bf1a3130f5dae1d631d

Source: www.lemon8-app.com



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Source: www.vecteezy.com



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