

# Chemical Peel Recovery Guide

Evidence-Based Patient Education Designed to Improve Recovery, Treatment Adherence, and Patient Satisfaction.

**A branded patient education experience for CLIENT EXAMPLE.**

# Why Patient Education Matters

- ✓ Improves treatment understanding & expectations
- ✓ Reduces repetitive staff questions
- ✓ Supports patient treatment adherence
- ✓ Enhances overall patient satisfaction
- ✓ Reinforces clinic professionalism & authority

# The Peeling Timeline

## Days 1-2

Redness, heat, and mild sensitivity. Treat skin with gentle care.

## Days 3-4

Active flaking and shedding. Do not manually peel or scrub.

## Days 5-7

Renewal phase. Barrier function improves and radiance emerges.

# The Golden Rules: Do's



## Hydrate

Use a fragrance-free, medical-grade moisturizer to soothe dryness.



## SPF

Apply physical, mineral-based sunscreen every single day.



## Cleanse

Use cool water and a pH-balanced, non-exfoliating cleanser.

# Sun Protection

Freshly peeled skin is highly sensitive to UV light. Daily broad-spectrum SPF 30+ is a clinical requirement for safety.

- Use physical blockers (Zinc Oxide).
- Avoid direct sun exposure for 14 days.
- Wear a wide-brimmed hat when outdoors.



# When to Contact Us

Reach out to our clinical team if you notice:

- Persistent, intense burning.
- Unusual localized swelling.
- Signs of infection (pus/fever).
- Prolonged redness beyond Day 5.



# Your Patient Experience

 Phone View



 Tablet View



 PDF Guide



# Available Treatment Guides

Botox

Chemical Peels

Microneedling

PRP

Laser Treatments

Weight Management

Lip Fillers

★ Custom Branded Education Systems

# Elevate Your Patient Experience

SERENATTI helps medical spas educate patients, improve consultation readiness, and strengthen practice authority through evidence-based content.

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# Image Sources



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